




UCS JUNIOR BRANCH MENU




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1					
The Main Event	<p>YEE! HAA!</p> <p>BBQ Chicken with BBQ Sauce</p>	<p>MEXICANO</p> <p>Lightly spiced Meatballs in a Tomato Sauce</p>	<p>JUNIOR BRANCH ROAST</p> <p>Roast Chicken with Herby stuffing Balls</p>	<p>MAMA MIA</p> <p>Italian Lasagne</p>	<p>FISHY FRIDAY</p> <p>MSC Salmon Nuggets with Lemon Mayonnaise</p>
Meat Free Zone	Vegetable Cutlets with BBQ Sauce	Baked Cheesy Courgettes	Peppers stuffed with Cous Cous and topped with Melted Cheese	Mince Quorn Lasagne	Spanish Omelette
And To Go With	<p>Mini Jackets</p> <p>Fresh Broccoli Florets</p> <p>Sweetcorn Niblets</p>	<p>Garlicky Bread</p> <p>Spaghetti</p> <p>Poppy Carrots</p>	<p>Roast Potatoes</p> <p>Honey Roasted Parsnips</p> <p>Fresh Green Beans</p>	<p>New Potatoes</p> <p>Fresh Cauliflower</p> <p>Party Pizza Bread</p>	<p>Oven Fries</p> <p>Fresh Carrot Wheels</p> <p>Garden Peas</p>
Scrummy Puds	Chocolate Pudding with Hot Chocolate Sauce	Homemade Yoghurt with a fruity Topping	Fruity Oaty Crumble with Custard Sauce	Homemade Chocolate Brownie	Fresh Fruit Jelly with Ice Cream

Homemade Bread, Homemade Yoghurt and Fresh Fruit Served Daily



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Week 2	<p>NOT A TAKE AWAY Mild Chicken Curry</p>	<p>HUT HUT Meat Feast Pizza</p>	<p>JUNIOR BRANCH ROAST Roast Lamb with Mint Sauce</p>	<p>FULL METAL JACKET Jacket Potato with:</p>	<p>UNDER THE SEA MSC Fish Fingers with a Lemon Mayonnaise Dip</p>
The Main Event					
Meat Free Zone	Vegetable and Tomato Pasta Bake	Cheese and Tomato Pizza	Spicy Breaded Quorn Fillets with a Cheese Sauce on the side	Baked Beans or Tuna & Sweet Corn Mayonnaise	Vegetable and Bean Pasty
And To Go With	Fluffy Rice Mild Bombay Potatoes Green Beans	Coleslaw Roast Courgettes Half Jacket Potato Sweetcorn	Roasted New Potatoes Broccoli Spears Carrot Wheels	or Grated Cheese MEAT FREE ZONE Homemade Spinach & Feta Quiche	Oven Fries Baked Beans Garden Peas
Scrummy Puds	Fresh Fruit Salad Fruity Yoghurt	Pineapple Upside Sponge with Custard	Red Cherry Cheese Cake Fresh Fruit	Lemon Meringue Pots Fresh Fruit	Apple and Blackberry Crumble with Icecream

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Week 3					
The Main Event	PASTA PARTY Beef Bolognaise	Mmm Creamy Chicken and Leek Pie	JUNIOR BRANCH ROAST Roast Topside of Beef with Yorkshire Pudding	BIG JB BURGER BAR Homemade Beef Burger in a Bun with Tomato Relish	UNDER THE SEA MSC Fish Cake with Tomato Ketchup
Meat Free Zone	Quorn Bolognaise	Vegetable and Onion Pie	Baked Lentil and Vegetable Curry	Homemade Vegetable Burger	Vegetable Spring Rolls
And To Go With	Spaghetti Sweetcorn Garlic Bread Parmesan Cheese	Steamed Minted New Potatoes Fresh Cauliflower Broccoli Spears	Herby Roast Potatoes Cauliflower Cheese Buttered Leeks	Homemade Potato Wedges Baked Beans	Oven Fries Green Beans Garden Peas
Scrummy Puds	Apple Pie with Custard Sauce	Winter Berry Trifle	Carrot Cake Fresh Fruit Platter	Creamy Rice Pudding with Fruit Homemade Yoghurt	Chocolate Sponge with Chocolate Sauce

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Week 4					
The Main Event	CLASSIC Beef Lasagne	CRUNCHY Cottage Pie	JUNIOR BRANCH ROAST Roast Chicken with Apple and Herb Stuffing	WARMING!! Lamb Casserole	UNDER THE SEA MSC Breaded Fish with a Lemon Mayonnaise Dip
Meat Free Zone	Spinach & Ricotta Wraps	Vegetable and Tomato Pasta Bake	Leek & Potato Bake	Vegetable and Chickpea Casserole	Cheesy Pasta Bake
And To Go With	Garlic Bread Sweetcorn Broccoli Spears	Homemade Olive Bread Garden Peas Baked Beans	Herby Roast Potatoes Lemon Glazed Carrot Sticks Creamed Fresh Swede	Fluffy Rice Cauliflower Cheese Garden Peas	Oven Fries Sugar Snap Peas Spaghetti Hoops
Scrummy Puds	Fruity Oaty Crumble with Custard Sauce	Apple Pie and Custard Fresh Fruit Salad	Home Made Fruity Flap Jacks	Chocolate & Pear Upside Down Cake with Choccy Sauce	Fresh Fruit Jelly and Cream

Homemade Bread, homemade Yoghurt and Fresh Fruit Served Daily